<u>WHITNEY L. ROSTAD</u>

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Curriculum Vitae

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2014 Doctor of Philosophy, Developmental Psychology, University of Montana

2012 Master of Arts, Developmental Psychology, University of Montana

2009 Bachelor of Arts, Summa cum Laude, Psychology, Gonzaga University

Awards and Honors

- Health Equity Award, Division of Violence Prevention CDC, 2018
- Doris Duke Fellowship for the Promotion of Child Well-Being, 2012-2014
- Honor Society of Phi Kappa Phi, 2011
- Psi Chi National Research Award, 2009
- Alpha Sigma Nu, Jesuit National Honor Society, 2009
- Psi Chi, National Honor Society of Psychology, 2008
- Gonzaga University President's List, 2007-2009
- Gonzaga University Excellence Scholarship Recipient, 2007

Work and Research Experience

November 2018 – Present

Casey Family Programs

Senior Research Associate, Research Services

• Independently manage and oversee a variety of research projects and dissemination activities, and collaborate with others in the field to support a broad research agenda to advance policy, practice, and systems change in child welfare.

August 2016 – November 2018

Centers for Disease Control and Prevention

Behavioral Scientist, National Center for Injury Prevention and Control, Division of Violence Prevention

Collaborate with and provide technical assistance to grantees on grants, cooperative
agreements, and contracts awarded by the CDC. Conduct research related to the prevention
of child maltreatment and sexual violence.

September 2014 – August 2016

Georgia State University

Postdoctoral Research Fellow; National SafeCare Training and Research Center

Completed two year postdoctoral research fellowship at NSTRC, housed in the Mark Chaffin Center for Healthy Development in the School of Public Health at GSU. Designed and conducted research projects as well as developed observational coding protocol, grant proposals, manuscripts, and chapters.

May 2014 – August 2014

Montana Children's Trust Fund

Consultant; Montana Child Abuse & Neglect System Evaluation, \$40,000

 Aggregated current data systems in the State of Montana to understand what types and forms of data are collected regarding children and families; identified current data linkages and data gaps.

November 2012 – April 2014

University of Montana

Principal Investigator; Dr. Paul Silverman, faculty advisor

Conducted study examining the effectiveness of an attachment-based, DVD-guided parent education program called the *Circle of Security Parenting* program in a community-based sample by measuring reflective functioning, parent-child relationship quality, and other relational capacities at three time points. The final wave of participants finished in Fall 2013. Data was analyzed using SPSS. The Doris Duke Fellowship for the Promotion of Child Well-Being funded this research. Study findings have been presented at national conferences and a manuscript is being revised for resubmission to *Journal of Child and Family Studies*.

May 2013 – September 2013

University of Montana - Rural Institute

Statistical Consultant; Dr. Daniel Denis, faculty advisor

 Conducted statistical analyses on a longitudinal data set examining the influence of pain and barriers on levels of community participation in a population-based sample of disabled adults. Provided interpretation of analyses and advice for future directions in reports and presentations of findings to the study's principal investigators.

September 2010 – May 2012

University of Montana

Research Assistant; Dr. Lynne Koester, faculty advisor

• Assisted in coding videotapes of parent-child interactions; parent-child dyads varied according to hearing status (deaf/deaf, hearing/hearing, deaf/hearing, and hearing/deaf).

November 2010 – December 2011

University of Montana

Principal Investigator; Dr. Paul Silverman, faculty advisor

 Conducted study on risky behaviors in female college students and investigating the influence of early relationships, behavioral tendencies, and depression on those risky behaviors, specifically substance use and sexual risk-taking.

September 2008 – May 2009

Gonzaga University

Principal Investigator; Dr. Anna Marie Medina, faculty advisor

 Conducted two related studies on early relationships with caregivers and social behaviors in college.

October 2008 – May 2009

Gonzaga University

Research Assistant; Dr. Molly Kretchmar-Hendricks, faculty advisor

• Assisted in de-identification and qualitative analysis of transcripts of interviews with at-risk mothers at a local foster care home, The Children's Ark located in Spokane, Washington.

Teaching Experience

August 2012 – May 2013

University of Montana

Instructor, Developmental Psychology (Online)

 Prepared notes to be posted online, along with readings, assignments, and exams to approximately 30 undergraduate students. Along with preparation, graded and provided feedback on assignments and exams.

June 2011 – July 2011; May 2012 – June 2012

University of Montana

Instructor, Psychological Statistics

 Prepared and delivered lectures discussing statistics in psychology to a class of approximately 20 undergraduate students. Prepared and graded quizzes and tests.
 Assigned grades. Student feedback indicated that the instruction was excellent.

August 2011 – May 2012

University of Montana

Teaching Assistant, Graduate Psychological Statistics

 Attended classes, delivered guest lectures, and provided office hours for extra assistance to 12 students in graduate statistics courses. Graded assignments, quizzes, and tests.

August 2009 – May 2011

University of Montana

Instructor, Introduction to Psychology

Prepared and delivered introductory psychology lectures to a class of approximately 70 undergraduate students and supervised three undergraduate proctors. Assisted in quiz and test construction and assigned grades. Student feedback indicated that the quality of instruction was very good.

Publications/Manuscripts

Rostad, W.L., Ports, K.A., Merrick, M., & Hughes, L. (Under review). The moment is now: strengthening communities and families for the future of our nation. *Children and Youth Services Review*.

Moreland, A., Crum, K., **Rostad, W.L.**, Stefanescu, A., & Whitaker, D. (Under review). Examining an in-home behavioral parent training protocol among substance using parents in child welfare: Effectiveness of SafeCare among this unique population. *Child Maltreatment*.

Ports, K.A., Tang, S., Treves-Kagan, S., & **Rostad, W.L.** (Under review). Breaking the cycle of adverse childhood experiences (ACEs): Economic position moderates the intergenerational transmission of aces among Black and Hispanic families. *Children and Youth Services Review*.

Tang, S., Matjasko, J., Harper, C., **Rostad, W.L.,** Ports, K., Strahan, A., & Florence, C. (Under review). Impact of Medicaid expansion and methadone coverage on foster care entries during the opioid crisis. *Child Maltreatment*.

Zimmermann, A., **Rostad, W.**, Pecora, P.J., O'Brien, K. & Claps, M. (2020). What we currently know: Achieving permanency & supporting transitions to adulthood. *CW* 360 (*Fall* 2020), 4-5.

Rostad, W.L., Zimmermann, Z., O'Brien, K., Claps, M., & Martinez, M. (May, 2020). *Moving Youth to Family: Level of Need and the Impact on Legal and Relational Permanency*. Data to Practice, Volume 3. Seattle, WA: Casey Family Programs.

Logan, J., Ertl, A., Rostad, W.L., Herbst, J., & Plant, A. (2020). Shared correlates of prescription drug misuse and severe suicide ideation among clinical patients at risk for suicide. *Suicide and Life-Threatening Behavior*, 50(6), 1276-1287.

Cabrera, J., Claps, M., O'Brien, K., Roberts, Y.H., **Rostad, W.L.**, Rozanski, T., Sharp, A., & Shimshock, S. (In press). From data to practice: The impact of placement with family on permanency and well-being. *Child Welfare*, *97*(5), 47-63.

Rostad, W.L., Clayton, H.B., Fuino Estefan, L., & Johns, M.M. (2020). Substance use and disparities in teen dating violence victimization by sexual identity among high school students. *Prevention Science*, 21(3), 398-407.

Rostad, W.L., Ports, K.A., Tang, S., & Klevens, J. (2020). Reducing the number of children entering foster care: Effects of state earned income tax credits. *Child Maltreatment*, 25(4), 393-397

Basile, K.C., Clayton, H.B., **Rostad, W.L.**, & Leemis, R.W. (2019). Sexual violence victimization of youth and health risk behaviors. *American Journal of Preventive Medicine*, *58*(4), 570-579.

Logan, J., Haileyesus, T., Ertl, A., **Rostad, W.L.,** & Herbst, J. (2019). Trends in Non-fatal Assaults and Homicides among Adults Aged >= Age 60 Years— United States, 2002-2016. *MMWR Weekly*, 68(13), 297-302.

Rostad, W.L., Klevens, J., Ports, K.A., & Ford, D.C. (2019). Impact of the United States federal child tax credit on children's injuries and behavior problems. *Children and Youth Services Review,* 107, doi: 10.1016/j.childyouth.2019.104718.

Rostad, W.L., Gittins-Stone, D., Huntington, F., Rizzo, C.J., & Orchowski, L. (2019). Exposure to violent pornography and teen dating violence among high school students. *Archives of Sexual Behavior*, 48(7), 2137-2147.

Rostad, W.L., Ports, K.A., & Tang, S. (2019). Mothers' homeownership and children's economic success 20 years later among a sample of US citizens. *Children and Youth Services Review*, 99, 355-359.

- Ports, K.A., **Rostad, W.L.,** Luo, F., Putnam, M., & Zurick, E. (2018). The impact of the low-income housing tax credit on children's health and wellbeing in Georgia. *Children and Youth Services Review*, 93, 390-396.
- **Rostad, W.L.,** Basile, K.C., & Clayton, H. (2018). Association among television and computer/video game use, victimization, and suicide risk among US high school students. *Journal of Interpersonal Violence*.
- Hubel, G.S., **Rostad**, **W.L**., Self-Brown, S., & Moreland, A.D. (2018). Service needs of adolescent parents in child welfare: Is an evidence-based, structured, in-home behavioral parent training protocol effective. *Child Abuse & Neglect*, 79, 203-212.
- Basile, K.C., **Rostad, W.L.,** Leemis, R.W., Espelage, D.L., & Davis, J.P. (2018). Protective factors for sexual violence: Understanding how trajectories relate to perpetration in high school. *Prevention Science*, 19(8), 1123-1132.
- Espelage, D.L., Davis, J., Basile, K.C., **Rostad, W.L.,** & Leemis, R.W. (2018). Alcohol and prescription drug use: Associations with sexual violence and dating violence among high school youth. *Journal of Adolescent Health*, 63(5), 601-607.
- Feder, L., Niolon, P.H., Campbell, J., Whitaker, D.J., Brown, J., **Rostad, W**., & Bacon, S. (2018). An intimate partner violence prevention intervention in a nurse home visitation program: A randomized clinical trial. *Journal of Women's Health*, 27(12), 1482-1490.
- Self-Brown, S., Osborne, M.C., Boyd, C., DeVeausse Brown, N., **Rostad, W.L....**Lai, B. (2018). The impact of SafeCare® Dads to Kids program on father maltreatment risk and involvement: Outcomes and lessons learned from an efficacy trial. *Child Abuse & Neglect*, 83, 31-41.
- **Rostad, W.L.,** Moreland, A., & Valle, L. A. (2018). Barriers to participation in parenting programs: The relationship between parenting stress, perceived barriers, and program completion. *Journal of Child and Family Studies*, 27(4), 1264-1274.
- LeBlanc, M., Lily, M., **Rostad, W., &** Babyco, B. (2018). Trauma and Attachment. In S. Hupp (Ed.), *Child & Adolescent Psychotherapy: Components of Evidence-Based Treatment for Youth and their Parents*. New York, NY: Cambridge University Press.
- **Rostad, W.L.,** Self-Brown, S., Boyd, C., Osborne, M., & Patterson, A. (2017). Exploration of factors predictive of at-risk fathers' participation in a pilot study of an augmented evidence-based parent training program: A mixed methods approach. *Children & Youth Services Review*, 79, 485-494.
- Birken, S.A., Bunger, A., Powell, B., Turner, K., Clary, A.S., Klaman, S.L., Yu, Y., Whitaker, D.J., Self-Brown, S.R., Rostad, W.L., Shanley Chatham, J.R., Kirk, M.A., Shea, C.M., Haines, E., &

Weiner, B.J. (2017). Organizational theory for dissemination and implementation research. *Implementation Science*, 12(62), 1-15.

Rostad, W.L., McFry, E. A., Self-Brown, S., Damashek, A., & Whitaker, D. J. (2017). Reducing safety hazards in the home through the use of an evidence-based parenting program. *Journal of Child and Family Studies*.

Rostad, W.L., McGill, T.M., & Chaffin, M.J. (2017). The influence of concrete needs relief on child welfare program engagement, progress, and satisfaction. *Children & Youth Services Review*, 72, 26-33.

Self-Brown, S., Cowart-Osborne, M., **Rostad, W.L.**, & Feil, E. (2016). A technology-mediated implementation of an evidence-based child maltreatment prevention program. *Child Maltreatment*.

Rostad, W. L., Lutzker, J. R., & Guastaferro, K. M. (2016). Practices targeting child neglect: The use of SafeCare to enhance parenting skills to reduce neglect. In R. Gardner (Ed.), *Tackling Child Neglect: Research, Policy, and Practice.* London, UK: Jessica Kingsley Publishers.

Rostad, W.L. & Whitaker, D.J. (2016). The association between reflective functioning and parent-child relationship quality. *Journal of Child and Family Studies*, 25(7), 2164-2177.

Hanson, R., Self-Brown, S., **Rostad, W.L.**, & Jackson, M. C. (2015). The what, when, and why of implementation frameworks for evidence-based practices in child welfare and mental health service systems. *Child Abuse & Neglect*, *53*, 51-63.

Walsh, T., McCourt, S.N., **Rostad, W.L.**, Byers, K., & Ocasio, K. (2015). Promoting protective factors and strengthening resilience. In Daro, D., Cohn Donnelly, A., Huang, L. A., & Powell, B. (Eds.), *Advances in Child Abuse Prevention: The Perspective of New Leadership*. New York: Springer.

McDonald, M.K., Borntrager, C.F., & **Rostad, W.L.** (2014). Measuring trauma: Considerations for assessing complex and non-traditional trauma for children and adolescents. *Journal of Trauma and Dissociation*, 15(2), 184-203.

Rostad, W.L., Medina, A.M., & Hurtig-Crosby, P. (2014). Fathers in the dorm room: The unique influence of fathers and mothers on young adult functioning. *Fathering*, 12(1), 3-17.

Rostad, W.L., Silverman, P., & McDonald, M.K. (2014). Daddy's little girl goes to college: An investigation of females' perceived closeness with fathers and later risky behaviors. *Journal of American College Health*, 62(4), 213-220.

Presentations

Rostad, W.L., O'Brien, K., & Blackwell, D. (2021). Community Opportunity Map. Keynote presentation at the California CQI Child Welfare and Probation Conference. Virtual.

Rostad, W.L., Ports, K.A., Tang, S., & Klevens, J. (2019). Reducing the number of children entering foster care: Effects of state Earned Income Tax Credits. Paper presented at Prevent Child Abuse America National Conference. Milwaukee, WI.

Metzler, M., Alexander, S., Fortson, B., Klevens, J., Ports, K., Rostad, W.L., & Tang, S. (2019). Preventing inequities in risk for child abuse and neglect through policy and social norms change. Institute at the American Professional Society on the Abuse of Children Annual Colloquium. Salt Lake City, UT.

Rostad, W.L., Mazheruddin, M., & Orchowski, L. (2019). Social norms and bystander behavior intentions: Testing the theory of normative social behavior in the context of sexual violence prevention. Paper presented at Society for Prevention Research Annual Meeting. San Francisco, CA.

Rostad, W.L., Gittins-Stone, D., Huntington, F., Rizzo, C.J., & Orchowski, L. (2018). Exposure to violent pornography and teen dating violence among high school students. Paper presented at the Society for Prevention Research Annual Meeting. Washington, D.C.

Lanier, P. & Rostad, W.L. (2017). Enhancing parenting skills to prevent child abuse and neglect. Paper presented at the American Professional Society on the Abuse of Children Advanced Annual Training Summit. Portland, ME.

Osborne, M., Self-Brown, S., & **Rostad, W.** (2017). An adaptation of SafeCare® for fathers of young children: Examining implementation factors. Paper presented at the Society for Research in Child Development Biennial Meeting. Austin, Texas.

Rostad, W.L. (2016). Impact of concrete needs relief on outcomes in child welfare programs for families and caseworkers. Paper presented at the American Psychological Association Convention. Denver, CO.

Rostad, W.L., Whitaker, D.J., & Glasheen, T. (2016). Family FUSION: An abbreviated adaptation of SafeCare. Paper presented at the American Professional Society on the Abuse of Children Annual Colloquium. New Orleans, LA.

Rostad, W.L., McGill, T.M., & Chaffin, M.J. (2015). The influence of concrete needs relief on child welfare program engagement, progress, and satisfaction. Paper presented at Economic Causes and Consequences of Child Maltreatment Workshop. Madison, WI.

Rostad, W.L., Self-Brown, S., & Cowart-Osborne, M. (2015). Addressing EBP implementation challenges using technology. Paper presented at American Psychological Association Convention. Toronto, ON, Canada.

- **Rostad, W. L.** (2015, March). Keeping the child in mind: The influence of reflective functioning on parent-child relationships. Poster presented at the Society for Research on Child Development Biennial Meeting. Philadelphia, PA.
- **Rostad, W. L.** & McDonald, M. K. (2014, June). Examining the effectiveness of the Circle of Security Parenting DVD Program in improving caregivers' coping skills. Poster presented at the American Professional Society on the Abuse of Children Annual Colloquium. New Orleans, LA.
- **Rostad, W. L.** (2014, April). Examining the effectiveness of the Circle of Security Parenting DVD Program. Colloquium presented at the University of Montana. Missoula, MT.
- Bradley, M., Garrow, K., & **Rostad, W. L**. (2014, April). Attachment in close relationships and its influence on parenting practices. Poster presented at the University of Montana Conference on Undergraduate Research. Missoula, MT.
- **Rostad, W. L.** (2013, June). Understanding the cycle: The role of reflective functioning in the intergenerational transmission of family violence. Paper presented at the American Professional Society on the Abuse of Children Annual Colloquium. Las Vegas, NV.
- **Rostad, W. L.** (2012, June). Maternal emotional availability and infant attachment behaviors: Does hearing status make a difference? Paper presented at International Conference on Infant Studies. Minneapolis, MN.
- **Rostad, W. L.** & Silverman, P. (2012, April). The influence of dad: An investigation of adolescent females' perceived closeness with fathers, impulsivity, and risky behaviors. Paper presented at the Graduate Student and Faculty Research Conference. Missoula, MT.
- **Rostad, W. L.** & Silverman, P. (2012, March). The influence of dad: An investigation of adolescent females' perceived closeness with fathers, impulsivity, and risky behaviors. Poster presented at the 14th Society for Research on Adolescence Biennial Meeting. Vancouver, BC, Canada.
- Silvia, G., Koester, L. S., & **Rostad, W. L.** (2011, May). Functions of touch by deaf and hearing mothers during free-play interactions. Poster presented at the Association of Psychological Science 23rd Convention. Washington, D.C.
- Hurtig-Crosby, P., **Rostad, W. L.**, & Medina, A. M. (2010, May). Perceptions of parent-child relationships and coping in emerging adulthood. Poster presented at the Association of Psychological Science 22nd Annual Convention. Boston, MA.

Rostad, W. L., Hurtig-Crosby, P., & Medina, A. M. (2009, May). Parents in the dorm room. Poster presented at the Association of Psychological Science 21st Annual Convention. San Francisco, CA.

Research Support

Centers for Disease Control

09/01/20-08/31/23

"Policy Strategies for the Prevention of Multiple Forms of Violence against Children and Youth"

Role: Consultant

• Three year study to examine the impact of paid family leave and childcare subsidies on child abuse and neglect and intimate partner violence.

Patient-Centered Outcomes Research Institute

07/01/15-06/30/18

"Comparative Effectiveness Trial to Reduce Child Maltreatment, Improve Client Outcomes, and Examine Client Burden"

Role: Co-Investigator

 Three year study to compare the effectiveness of a behavioral parenting program to services as usual among a sample of families involved with child welfare services.

Doris Duke Fellowship for the Promotion of Child Well-Being

08/01/12-07/30/14

"Examining the Effectiveness of the Circle of Security Parenting DVD Program"

Role: Principal Investigator

• Dissertation fellowship (\$50,000) to examine the effectiveness of an attachment-based parenting intervention.

Health Resources & Services Administration

Score: 84/100

"Secondary Data Analysis to Identify Barriers to Service Utilization among Children and Families with Substantiated and Unsubstantiated Cases of Child Maltreatment"

Role: Principal Investigator

 Submitted proposal to conduct secondary data analysis using the second National Survey of Child and Adolescent Well-Being on the barriers to service utilization, in the context of whether or not a report of child maltreatment was substantiated.

Volunteer Experience/Committee Membership

October 2013 – January 2018

APSAC Prevention Committee

Secretary

 Participated in monthly conference calls and meetings to discuss guidelines, goals, and issues regarding child abuse prevention, as well as issues in establishing prevention as a pillar of the American Professional Society on the Abuse of Children (APSAC).

August 2013 – May 2014

University of Montana

Student Representative, Faculty Evaluation Committee

Attended meetings regarding faculty evaluations as the graduate student representative.

August 2012 – May 2013

University of Montana

Experimental Representative, Psychology Graduate Student Association (PGSA)

 Attended full faculty meetings as the representative for the experimental psychology program for PGSA.

September 2012 – April 2013

University of Montana

Volunteer, Graduate and Faculty Research Conference Planning Committee

 Attended planning meetings to contribute to the organization of the annual Graduate and Faculty Research Conference at the University of Montana. Primary duties included scheduling conference presentations into interdisciplinary talk sessions and creating the conference program.

July 2010 – December 2013

Evolution Services (Missoula, MT)

Group Facilitator, Circle of Security Parenting DVD Program

• Facilitated parent education groups using the attachment-based *Circle of Security Parenting* curriculum with parents, most of whom were referred by child welfare services.

June 2008 – May 2009

Spokane Mental Health (Spokane, WA)

Volunteer, First Call for Help

 Answered phone calls to provide crisis intervention, information, referrals, supportive listening, or connect callers to professionals as needed.

Professional Memberships

American Professional Society on the Abuse of Children

Journal Reviewer

American Journal of Preventive Medicine Child Abuse & Neglect Child Maltreatment Journal of Child and Family Studies Trauma, Violence, & Abuse

Continuing Education

February 2019 *CANS/FAST Certification Training*

San Diego, CA

January – December 2017 CDC Policy Academy Atlanta, GA

October - November 2012

Assessment and Treatment Planning—The Circle of Security Approach

Missoula, MT

April 2010

Missoula, MT

Circle of Security Parenting Training

References

Beverly Fortson, PhD Behavioral Scientist, Department of Defense (803) 295-3379 beverly.l.fortson.civ@mail.mil

Kirk O'Brien, PhD Senior Director, Casey Family Programs (206) 331-1640 kobrien@casey.org

Daniel J. Whitaker, PhD
Distinguished University Professor, School of Public Health
Associate Dean for Research and Faculty Affairs
Co-Director, National SafeCare Training and Research Center
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