# Shon Y. Hart

#### **EXPERIENCE**

2017 - Present Various Institutions and Agencies

#### Speaker / Trainer

Motivate professionals to take action and perform their duties at a high level.

(State of Michigan, State of New Jersey, Flint Community Schools, Elizabeth Community Schools, New Jersey, Office of Child Support (Michigan, New Jersey), State Farm Ins., MDHHS, GHHS, Genesee County Health Dept., Michigan Breast-Feeding Network, Black Breast-Feeding Network, Oakland County Health Dept., Supervised Visitation Network, Eric Thomas Associates, Hurley Nurse Family Partnership; etc.)

2008 - 2017 Michigan Department of Corrections

## **Institutional Chaplain/ Departmental Specialist**

- Organized educational events, programs, and religious services for various groups.
- Administered fatherhood classes for incarcerated males.
- Facilitated and structured strategic workshops for disengaged dads.
- Developed "Man2Man" curriculum to teach and train incarcerated males to live with purpose and better engage their children and families to strengthen their families.
- Trained incarcerated males how to become a better public speaker and tell their story to give hope to others.

2016 - Current Michigan State University

#### Conference presenter - "Breaking the Cycle of Fatherlessness"

- Developed material on the subject matter.
- · Administered interactive workshop for approximately 50 professionals, educators and clients.
- Led group discussions and promoted innovative ideas to assist in brainstorming on subject matter.
- Provided materials to participants for implementation in the field.
- Present at Their annual conference.

2016 - Current State of Michigan (DHHS) (WIC Program)

# Conference presenter - "Merging Traditional and Non-traditional Parenting"

- Developed the material on the subject matter.
- Delivered a presentation to 300-400 State of Michigan professionals, clients, and various caregivers.
- Provided materials to participants for implementation in the field.
- Presented at various conferences for DHHS.

2016 - 2019 University of Michigan Flint (School of Education and Human Services)

#### Consultant, Life Coach - "The E.D.G.E"

- Provided one-on-one and group coaching sessions for S.T.A.R students (Smart Teachers As Role Models). The S.T.A.R program provides support to minority males pursuing a degree in Education.
- Developed and implemented "The E.D.G.E" program, a personal development course.
- · Grades for students enrolled in "The E.D.G.E" remained the same or increased.
- Student's personal lives became healthier and more positive when engaging with their family, friends and co-workers when they applied the E.D.G.E tools.

## 2015 - Current Health Department (Local and Statewide)

## **Consultant, Conference Presenter and Educator**

- Presented at the Statewide Health Dept. conference as a fatherhood specialist.
- Presented and designed various trainings for Hurley Medical Center and Genesee County staff which service families enrolled in programs.
- Demonstrate better client engagement.
   Created the "Man2Man" program and administer materials to the healthy start dads.

## 2015 - Current (MDOT) Michigan Department of Transportation

#### Presenter and workshop facilitator

- Presented at statewide Health Dept. conference as a fatherhood specialist.
- Created workshop materials on the subjects; "Emotional Intelligence", "How to create a successful working environment" and "How to overcome setbacks and defeats".

## 2014 - 2017 Davison Schools (Davison High School)

## Program facilitator, presenter

- Facilitated the "Man2Man" program to the Davison High School student athletes.
- Facilitated the "The E.D.G.E" program.

## 2014 - 2018 Odyssey House

### **Program facilitator**

- Facilitated the "Man2Man" program to the Davison high school student athletes.
- Facilitated the "The E.D.G.E" program

#### **CERTIFICATIONS AND PUBLICATIONS**

# 2019 Domestic Abuse Intervention Specialist (DAIPS) Certification – Home of The Duluth Model

- Facilitate Domestic violence classes for dads who batters.
- Create interventions for families that experience domestic violence.

# 2018 Community Resiliency Model (CRM) Certification - Community Resilience Model Trainer

- Trains community members on how to personally utilize the CRM model within their wider social network.
- Teach "trauma-informed" and "resiliency-focused" communities that share a common understanding of the impact of trauma and chronic stress on the nervous system and how resiliency can be restored or increased using this skills-based approach.

06/98 - 02/02 State of Michigan - Maxey Boys Training Center Whitmore Lake, MI

### Youth Specialist - Certified Drug and Alcohol Relapse Prevention Specialist

- Co-facilitated in family session meetings with the social worker, offender, offender's family, and some time the offender's victim
- Led Offense history meetings. This is when the offender would deal with his offenses over his life with group members. They would help him identify triggers and connecters that he may not see as cause for his actions.
- Implemented peer group accountability incentive as a means for behavioral modification amongst offenders.
- Assigned as mediator to resolve conflict and to deescalate intense situations amongst residents.
- Assisted in the development of counseling programs specifically designed to cater to the various needs
  of offenders including murderers, sexually aggressive and drug and alcohol abusers.
- Played essential role in the release and reintegration of the offenders into community.
- Established "study table" for offenders that helped increase learning and responsibility awareness.
- Initiated sports programs, including basketball and football teams, that helped develop the character of participants and taught them the importance of teamwork, cooperation and submission to authority.

### Publications:

Man 2 Man Facilitators Manual, Heart Formation For Life's Transformation: 2017 Man 2 Man Students Manual, Heart Formation For Life's Transformation: 2017

From Average To Elite: 2019

From Average To Elite Workbook: 2019

Dreaming With A Purpose: 2020

## **Education**

Michigan State University

East Lansing, MI

• B.S., Family Community Services.